



# Q&A Follow Up

## “Mental and Behavioral Health Across Cape Cod”

VIRTUAL FORUM #3, JUNE 17, 2021

### PANELISTS:

- Allie Anderson, Chief Clinical Officer, Gosnold, Inc., [aanderson@gosnold.org](mailto:aanderson@gosnold.org)
- Karen Gardner, Chief Executive Officer, Community Health Center of Cape Cod, [kareng@chcofcapecod.org](mailto:kareng@chcofcapecod.org).
- Cindy Horgan, Executive Director, Cape Cod Children’s Place, [chorgan@capecodchildrensplace.com](mailto:chorgan@capecodchildrensplace.com)

The panelists addressed most questions posed in the chat during the forum except those below. In addition, they all emphasized the importance of advocacy to help expand access to services and resources and to attract and retain staff. They encouraged anyone interested in learning more to contact them directly.

**Q: Allie, you mentioned increases in requests for services of 30-50%. Can you explain this a bit more?**

**Allie:** The 30% increase is in our MID (Massachusetts Impaired Drivers) class and SOAP (Structured Outpatient Addiction Program). We can’t differentiate causality. We know that the number of patients attending and referred has increased by 30%. It could be due to more substance use during COVID. It could be because tele health allows more people to utilize services. The 50% increase is in our outpatient, and again, it is based on the number of new patients and referrals. We have seen a 50% increase in requested services.

**Q: Does Gosnold or CHC have any Veterans’ specific programs or access to mental health services that accept the VA as an insurance provider?**

**Allie:** Funny you should ask that. We were just discussing veteran services in senior leadership the other day. I believe we take all insurances including VA Insurance provider. We are working to get some specific programs going for that population, but for now they are just part of the general population.