



Resources

“Mental and Behavioral Health Across Cape Cod”

VIRTUAL FORUM #3, JUNE 17, 2021

This is a short-list of resources for people looking for community data and information about mental and behavioral health on Cape Cod and ways to get involved:

Many of **The Cape Cod Foundation Strategic Emergency Response Fund Grantees** are focused on mental and behavioral health. The list is updated each time we award new grants.

<https://www.capecodfoundation.org/strategic-emergency-response-fund-grant-recipients/>

Barnstable County Department of Human Services manages a **Human Services’ Directory** for those looking for resources. <https://barnstable.ma.networkofcare.org/ph/index.aspx>

Barnstable County Department of Human Services also has curated a **Substance Use Resource Guide**. https://www.bchumanservices.net/library/2020/02/Resource-Guide-November-2019-5.5x8.5_12_27_19.pdf

Barnstable County Regional Substance Use Council’s purpose is to establish a communication infrastructure across towns, providers, organizations, and individuals on Cape Cod to help the region identify and address gaps and disparities in the service system, maximize inter-agency collaboration, and maximize funding and resource opportunities. <https://www.bchumanservices.net/publications-data/rsac-publications-data/>

Cape Cod COVID-19 Response Task Force is helping to share wellness resources with the community in response to the pandemic. Resources are updated frequently.

<https://www.reopeningcapecod.org/coping-during-covid>

Common Start Coalition. Childcare has been one of the biggest stressors for families, especially during the pandemic. This initiative and corresponding legislation would establish a system of affordable, high-quality early education and childcare for all Massachusetts families over a 5-year timeline. www.commonstartma.org

Massachusetts Roadmap for Behavioral Health Reform. <https://www.mass.gov/service-details/roadmap-for-behavioral-health-reform>